

CPR FOR LIFE—YEAR 10 PROGRAM

Resuscitation training for all Year 10 students has been introduced at Mitchelton High School as part of a State Government initiative, to be fully implemented in all state schools by 2011.

Geoff Wilson, Minister for Education and Training, believes, as do we, that the *CPR for Life* program in schools is an important step in the early education for young people who may find themselves in situations where CPR is needed. The program is being extended beyond its present delivery to Year 12 state school students.

The program would show teens how to identify situations where CPR might be necessary, how to respond to a cardiac arrest, how to access an ambulance and how to perform CPR on a mannequin.

Lachlan, a Year 10 student, was asked a few questions about the issue:

Q. Why do you think it's important for students of your age to take on this training?

A. Everyone should have these skills because our lives are so important and we need to be able to help others whenever possible. This type of training is important because you never know when you're going to need the skills. It's good to be prepared - just in case.

Q. Have you ever been in a position where you've had to use these skills?

A. No, not yet. I hope I'm never in that sort of position, but at least I know I'd be prepared and able to help save someone's life.

It is hoped that, through training like this, our students may be more confident and able to help in situations which require CPR and where trained adults aren't necessarily available.

