Welcome to term 4, week Two. We only have five weeks left with the Year 12s, seven weeks with Year 10 and 11 and nine weeks with Year 8 and 9. This is a short period of time, with many highlights and much important work to do. Our focus on celebrating student achievement this term commenced with the Dance Night on Wednesday this week and continues with Drama Night on 31 October. We hold our Annual Academic Awards ceremony on the 14 November. We look forward to seeing you at these events.

Curriculum Teaching and Learning Audit
An auditor from Education Queensland will be conducting a two day Teaching and Learning Audit of Mitchelton State High School which will take place on Tuesday 23 and Wednesday 24 October. The purpose of the audit is to provide feedback on the key curriculum, teaching, learning and assessment practices in the school. Over the two days, the auditor will interview staff, students and members of the school community as well as visit classes and view our key strategic planning documents and operational plans. Following the audit, the school will be provided with an Executive Summary that identifies the areas that have improved since the last audit; the areas of practice that should be commended and affirmed; as well as recommending to the school the key issues that need to be considered in future planning processes. I will inform the school community of the outcomes of the audit in the next edition of our newsletter.

Planning for 2013
The Assistant Regional Director, Jan Maresca, will visit the school on Wednesday the 31 October to sign-off on our four year Strategic Plan. The plan outlines in detail how the school will go about implementing strategies around Whole School Improvement. A key focus of the plan is improving the Literacy and Numeracy learning for our students underpinned by a strong focus on “High Expectations” for student achievement.

Year 7 in 2015
From 2015, Year 7 will be established as the first year of high school in all Queensland State and non-state schools. As part of these reforms, from 2013 Queensland state schools will recognise Years 8 and 9 as Junior Secondary, with Year 7 to be included when it joins high school in 2015. At Mitchelton State High School we have set up a committee led by our Deputy Principal, Heather Blake and our Middle School Head of Department, Elizabeth Cameron. The purpose of the committee is to start the planning of Junior Secondary. The Junior Secondary Agenda 2012-2015 identifies the six principles which underpin the setting up of Junior Secondary at Mitchelton State High School.

The six principles are: distinct identity, quality teaching, student wellbeing, parent and community involvement, leadership and local decision-making. The elements of each principle will be considered by Mitchelton State High School as we review our thinking practices, processes and organisation to provide the optimum learning environment for Junior Secondary students. These are exciting times for the future of Mitchelton High and we are planning to deliver a world class learning experience to students in Years 7, 8 and 9 as part of the creation of Junior Secondary here. I will keep you all informed as we progress in the planning for this important initiative.

If you would like your copy of Mitchie Moments emailed to you, have any feedback on the newsletter, or would like to contribute an article, please contact Kim Grant on 3550 1111 or by emailing admin@mitcheltonshs.eq.edu.au

Mitchelton State High School
754 Samford Road, Mitchelton Qld 4053
Phone: 3550 1111
Fax: 3550 1100
Absentee Line: 3550 1160
Web: www.mitcheltonshs.eq.edu.au
Email: admin@mitcheltonshs.eq.edu.au

Best wishes,
John Searle—Principal
Email: jsear13@eq.edu.au
As the end of the year quickly approaches, I am busy planning next year’s timetable. All Year 10’s should by now have had a SET plan interview and selected subjects for Year 11. Year 8 & 9 students are selecting their subjects this week. Subject selection forms are due in on Tuesday 23 October. Year 7 into 8 Orientation Day is on 6 December. This is a special day for all students who are coming to Mitchelton State High School in 2013. It is important for your child to have their enrolment interview before this day in order to ensure a smooth transition to high school.

Heather Blake
Deputy Principal
Email: hblak2@eq.edu.au

WHO’S AFRAID OF THE BIG BAD WOLF?

You should be – That’s What Will Keep You Safe!!! (contains Adult Themes – Parental Guidance Recommended)

WHAT: Yr 12 Drama Night
WHERE: MSHS Hall
WHEN: Wednesday, 31 October, 7.00 – 8.30pm (Doors open 6.45pm; no interval)
COST: Gold Coin Donation (No reserved seating)

Note to Parents:
Each year our Year 12 Drama students write a script. These are then joined together to create a Collage Drama – a variety of small scripts around a central theme. This year our central theme is FEAR. As a consequence, our play is very dark, complex and confronting. The Year 12’s have written scripts based on Daniel Morcombe, Ted Bundy and the Columbine Massacre – all with the idea of The Big Bad Wolf as the predator.

This performance is not about escapism; this play confronts the audience with reality. The reason the show is PG/M rated, is because of these themes. Documentary clips and real stories are interspersed with the dramatic action. The Year 12’s want to remind the public, who may have become complacent, to beware the Big, Bad Wolf.

Who’s Afraid of the Big, Bad Wolf?
You should be – because that is what will keep you safe!

If you require any more information, please do not hesitate to contact me,

Tracey Ah Boo
Drama Co-ordinator
Email: tahb.o1@eq.edu.au
Ph: 3550 1138

Senior
Students are gearing up for their final pieces of assessment in both Authority English & English Communication. It is particularly important at this time that students work closely with their teachers to get the best possible results before the end of the school year. The English Department is offering tutorial sessions for all Year 11’s & 12’s every Tuesday until the end of the school year. Please encourage your child to come along and get the assistance they require.

Michael Leigh
HOD English & The Arts
Email: mleig4@eq.edu.au

We need your help to gain a grant for a permanent vegetable garden for our Horticulture students. Please visit www.cuacommmunitycare.com.au and vote for Mitchelton State High School. You can also vote at the Chermside CUA. Two votes are permitted per person (one on-line and one in-store). Please also ask your friends and relatives to vote as well!

CUA Grant

Marilyn Milner
Teacher
Email: mmiln6@eq.edu.au
2012 TV Specials
After two months of live shows, the countdown is now on to the announcement of the National Champions! The stars of Rock Eisteddfod Challenge® 2012 will battle it out in the National TV Finals over three weeks –

Hosted by Shura Taft and judged by Jane Miskovic-Wheatley and Michael Coe, there will be three jam-packed episodes of Rock Eisteddfod Challenge® and J Rock™ entertainment featuring highlights from all six stops on the 2012 tour and naming the finalists in the National Championships.

The winners of Premier Division in Sydney and Melbourne, and the winners of Open Division in all other locations will automatically go through to the National Finals and compete against each other to be judged by our panel of industry experts during the broadcast. Live event winners from J Rock™ Competitive (primary schools) and RAW™ Division (no sets) will compete in their own separate divisions.

12 wildcards will also be announced across the three weeks on air. They will be schools that didn’t win their live event but school the judges thought were outstanding. These schools will compete alongside the automatic finalists and be in the running to be crowned the National Champion for 2012.

The excitement of the 2012 tour will culminate when the 2012 National Winners are announced during the final episode on GO! on Saturday 10th November 2012.

The winners from each location (shown below) will automatically be featured in the TV specials.

<table>
<thead>
<tr>
<th>LIVE EVENT LOCATION</th>
<th>SCHOOL NAMES</th>
<th>DIVISION</th>
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<tbody>
<tr>
<td>Hobart</td>
<td>St Patrick’s College</td>
<td>OPEN</td>
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<tr>
<td>Brisbane</td>
<td>Craigslea State High School</td>
<td>OPEN</td>
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<td>Brisbane</td>
<td>Mitchelon State High School</td>
<td>RAW™</td>
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<tr>
<td>Brisbane</td>
<td>Mudgeeraba State School</td>
<td>J ROCK™ COMPETITIVE</td>
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<tr>
<td>Melbourne</td>
<td>St Columba’s College</td>
<td>PREMIER</td>
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<td>Melbourne</td>
<td>Fairhills High School</td>
<td>PREMIER</td>
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<tr>
<td>Melbourne</td>
<td>Kilbreda College and St Bede’s College</td>
<td>RAW™</td>
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<tr>
<td>Melbourne</td>
<td>Bacchus Marsh Grammar</td>
<td>J ROCK™ COMPETITIVE</td>
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<tr>
<td>Sydney</td>
<td>Northmead Creative and Performing Arts School</td>
<td>PREMIER</td>
</tr>
<tr>
<td>Sydney</td>
<td>Randwick Girls'/Boy’s High Schools</td>
<td>RAW™</td>
</tr>
</tbody>
</table>

Go Mitchie! Go Mitchie! Go Mitchie!
Tracey Ah Boo
Drama Co-ordinator
Email: tahbo1@eq.edu.au

What is Mental Health?
Mental Health is a positive state of wellbeing used to describe emotional and social wellness. It involves feeling positive about ourselves, the people and events in our lives, and being able to live life to our fullest capacity.

Our mental health influences everything we do:
- How we think, feel and behave
- The way we relate to other people
- The way we respond to the challenges of everyday life; and
- How we cope with events such as changing jobs, having a baby, retirement, loss and physical illness

Things to do to improve your mental health
- Exercise daily – at least for 30 minutes
- Eat healthy foods – avoid drinking too much coffee, eating too much fat, and sugars
- Visit your doctor regularly to ensure good health
- Build a community around yourself – having people to talk to makes life happier and more enjoyable
- Keep busy and involved – in family, school, work, leisure
- Drink plenty of water
- Have adequate sleep
- Seek help if you are feeling down, don’t let the blues take over you
- Be kind to yourself – do things that you enjoy eg. a relaxing bath, take a movie, go to dinner
- Do things for other people – not only will they benefit but it is a boost for you as well
- Practise thinking good thoughts, avoid bad thoughts
- Watch comedy shows, seek out humour, laugh loudly

Mental health is an essential part of our overall health and affects our physical health; as our physical health also affects our mental health. It is also strongly related to our behaviour, particularly our social behaviour and relationships with others. So put the effort in and work to be mentally healthy.

Adapted from: Austn Network for Promotion, Prevention and Early Intervention for Mental Health

Peta Matthewman
Guidance Counsellor
Email: pmatt5@eq.edu.au
Full Time Apprenticeship in Printing
Platypus Graphics – Stafford
Platypus Graphics at Stafford is looking for a Year 12 school leaver to fill a Bindery Printing Apprenticeship. Applicants should be mechanical, good with their hands, good at problem solving and available for shift work. To apply send an up to date resume to – Todd@platypusgraphics.com
For more information please call Todd on 3352 0320

Customer Service, Sales and Production Assistants – Lenard’s Chicken, Brookside Shopping Centre
The successful applicants will possess the following:
• Reliability
• Great work ethic and personal presentation
• Ability to work flexible hours daytime, afternoons and weekends
Desire to work in a fun, fast paced environment
In return Lenard’s will provide a great working environment with full training and the opportunity for career development. This is a fantastic opportunity to work for an award winning team.

Please visit Brookside Lenard’s with a copy of your resume and ask for Mark - 159 Osborne Road, Mitchelton QLD 4053. We look forward in meeting you.

School Based Traineeship/Apprenticeship Vacancies for Keen Students of Japanese Food and Culture

CERTIFICATE III IN HOSPITALITY
Here’s a fantastic opportunity for keen students to get a terrific start in life. One of Brisbane’s top restaurants is interested in taking on a couple of school based trainees to undertake the Certificate III in Hospitality. One student will be working “on the floor” and the other in the bar area. Applicants will have an interest in Japanese food and culture and demonstrate a high level of attention to detail. Customer service and attitude towards guests will need to be exceptional and their presentation polished.

CERTIFICATE III IN COMMERCIAL COOKERY
There is also the opportunity for a School Based Apprentice to be put through the Certificate III in Commercial Cookery with this employer. Japanese cooking is very different to Western style cooking. It’s very precise, attention to detail and presentation is just as important as taste. The successful applicant will need to have a passion for this style of cooking and have an interest in Japanese culture.
Please send résumés to Emma Dickson at Emma.Dickson@busyinc.com.au, phone 0417 783 891.

Students and parents should be aware that there will be no teacher strikes despite some confusion surrounding a recent media report.

The Department of Education, Training and Employment and the Queensland Teachers’ Union (QTU) recently reached in-principle agreement for a Replacement State School Teachers’ Certified Agreement. As a result of this agreement, all industrial action planned by the QTU has been suspended. This means that it’s business as usual for our school.

Our school will keep all parents and carers informed should more information come to light which may affect the education of our students.

Resources for students and parents
Resources to help Year 12 students and their parents prepare for and enjoy a safer Schoolies celebration are now available online. The Be Safe and Watch Your Mates brochure is for school leavers and includes information on health and safety, alcohol and drug awareness, personal responsibility, privacy protection, consumer rights and emergency contact numbers in a handy wallet size. The Parents’ Guide to a Safer Schoolies can help parents start the conversation with their teenagers about how to have a healthy and safe Schoolies. It includes everything parents need to know from the legal sanctions that apply if alcohol is supplied to a minor through to advice to help keep teenagers safe. The site also has safety tips, contact numbers and information about the Schoolies Community Safety Responses on the Gold Coast and at Airlie Beach, Magnetic Island and Yeppoon. Download the resources at www.schoolies.qld.gov.au. For further information call 13 QGOV (13 7468).

Mansfield State High
Class of ’87 Reunion
Oct 27th 2012 - Tour of School @ 5pm Dinner and DJ @ 6pm (Mansfield Tavern)

Did You Know?
Did you know super glue was invented by accident? The researcher was trying to make optical coating materials, and would test their properties by putting them between two prisms and shining light through them. When he tried the cyanoacrylate, he couldn’t get the prisms apart.

Ashlee Finnigan—Grade 11
UQ Science Ambassador 2012
Grab a Bargain Now!

Want to let the kids have hours of fun?
Fabulous rides are coming to the grounds of Mitchie Fest – Medieval Madness
2:30-7:30pm Sat, October 20th, 2012 at Mitchelton State School

Including:

- Circus Fun House
  An enormous jumping castle, with obstacle course and slide.
- Frisbee
  A spinning thriller for the big kids. Height restriction (min 110cm) applies for this ride.
- Giant Slide
  A huge, super speedy, three lane slide.
- Giant Inflatable Worm
  A twisting tunnel of colourful rooms full of fun stuff.
- Rock Wall
  With safety harnesses to come down after scaling the 9.5m rock face.
- Chair-o-plane
  A gentle swinging ride. Height restriction (maximum 150cm).

**GET AN ALL-DAY UNLIMITED RIDE-BAND FOR $30 IF PURCHASED BEFORE THE DAY***

Tickets for individual rides will be available onsite on the day for Frisbee $7 each or $5 per ride for all other rides or (on-day purchased) unlimited ride-band for $35.

Grab a bargain for your family & friends
Pay through: [www.flexischools.com.au](http://www.flexischools.com.au) (Mitchelton State School), or fill out the order form below and return to school with correct money. *Remember to bring your receipt along to the armband collection point at Mitchie Fest. PLEASE NOTE: No refund available on pre-purchased tickets if you are unable to attend on the day.

MITCHIE FEST 2012 RIDES ARMBAND PREPURCHASE ORDER FORM
Place in envelope marked ‘Mitchie Fest Rides Armband’ and return to Mitchelton State School Office.

Name: ____________________________

Phone: ____________________________

Name/s and class/es for children at Mitchelton State School or family/friends:

______________________________

Number of rides armbands required: ____________ Total cost: ____________

Payment method:  □ Cash (correct money enclosed)  □ Flexischools