Habit of Mind

The best way to escape from a problem is to solve it.

Alan Saporta

Important February Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>THUR 27</td>
<td>Met North Swimming Carnival</td>
<td>8.45AM—3PM</td>
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<tr>
<td>FRI 28</td>
<td>Year 8 Elevate Program</td>
<td>9AM—3PM</td>
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<tr>
<td>FRI 28</td>
<td>Year Level Assembly</td>
<td>9AM—9.45AM</td>
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Important March Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>TUE 04</td>
<td>Middle School Problem Solving Competition</td>
<td>9AM—2PM</td>
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<tr>
<td>TUE 04</td>
<td>Aboriginal &amp; Torres Strait Islander Mentoring—Year 8&amp;9</td>
<td>9AM—10AM</td>
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<td>WED 05</td>
<td>School Social—Hall</td>
<td>7PM—9PM</td>
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<tr>
<td>THUR 06</td>
<td>Year 7 Experience Day</td>
<td>9AM—3PM</td>
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<tr>
<td>FRI 07</td>
<td>School Assembly</td>
<td>9AM—9.45AM</td>
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<tr>
<td>MON 10</td>
<td>Aboriginal &amp; Torres Strait Islander</td>
<td>11.30AM—12.30PM</td>
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If you would like your copy of Mitchie Moments emailed to you, have any feedback on the newsletter, or would like to contribute an article, please contact Kim Grant on 3550 1111 or by emailing admin@mitcheltonshs.eq.edu.au

Mitchelton State High School

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Outstanding Student Achievement at Mitchelton State High School

Congratulations to Yu Fei L who was successful in being elected as a delegate to the 2014 National Schools Constitutional Convention to be held in Canberra from 12 to 14 March. The convention seeks to promote understanding and informed discussion amongst young Australians about the Australian Constitution and system of government. This is an outstanding achievement and we wish Yu Fei well.

Continuing with the spirit of achievement here at Mitchelton SHS, we also congratulate the outstanding efforts of Year 12 student Harrison D. On Monday the 17th of February, Harrison represented Mitchelton at the Lions Youth of the Year Competition. Harrison presented a well-constructed and informative speech on “E sports”. Harrison spoke with confidence as he also responded to two impromptu questions dealing with current issues. At the end of the evening Harrison was highly commended for his attitude throughout the competition. Well done Harry!

Assessment & Study Expectations

As students commence their first assessment items for the term it is timely to revisit a few key tips for parents that will assist students in reaching their full learning potential during their time at school. High school is a busy and challenging time for students. Success at school requires students to develop successful organisational skills and study habits to manage the various demands of their academic program. I ask parents/caregivers to be aware of your child’s study and assessment commitments. All students at Mitchelton SHS should have a course overview for the semester for each of their subjects which details all their learning and assessment requirements. Out of class time should be split between set homework, revision and assignments.

Finally, I would like to stress the importance of assessment tasks being submitted by the due date. Work that is not completed on time will be completed by students in lunch breaks until the required work has been completed.

Stationary/Equipment Expectations

I ask that parents/caregivers please ensure your child has the necessary stationery items and equipment for each of their classes.
Stationery lists for each year level are available on the school website.

**Dress Code Expectations**
Staff are currently working with students to ensure they meet the Student Dress Code. In particular we are looking at jewellery. The School Dress Code states the following in relation to jewellery –

A minimum of jewellery is permitted. The following items may be appropriate to wear with school uniform: a light chain around the neck (anything attached to the chain must be hidden from view), one pair of sleeper or stud earrings, a watch, a tasteful signet ring.

Students with extra earrings will be expected to remove them or replace with clear plastic retainers. Other facial piercings are **not** permitted. All jewellery must be removed or taped to the body during physical activity, especially during contact sports.

I must stress facial piercings and spacers in ears are **not** permitted as part of the dress code and are not to be worn with the school uniform.

**Habit of Mind**
This term our focus is on the Habit of Mind - Listening with Understanding and Empathy. It has been said that listening is one of the most important, but least taught of skills. I suspect that for many people considering listening as a skill, rather than a passive act, would come as a bit of a surprise.

This Habit of Mind is about the skill of listening. Successful people are very good at listening to other people. I would like to finish with a quote from Henry Ford -

> "If there is any secret of success, it lies in the ability to get the other person’s point of view and see things from his angle as well as from your own."

Best wishes,
John Searle—Principal
Email: jsear13@eq.edu.au

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**February**
Life in the International Centre has been very busy with many students arriving back in Australia, whilst some had spent the summer here. We have already celebrated the Year of the Horse with lucky red pockets and a lunch with dumplings! We have also celebrated January birthdays – Happy birthday Timir and Sho!

Congratulations to Yu Fei who is part of the 2014 Leaderbody and to Sho who is Centaurus House Captain. At the swimming carnival, Sungmin showed great style and speed and was the Open Boys’ Champion. Congratulations Sungmin! Sungmin has continued with success at the District level and will now contest the Metropolitan level!

High School Preparation students were among those who enjoyed the songs sung by the Leaderbody on Valentine’s Day.

Thank you to Rou and Linc who were exceptional Mitchelton SHS student ambassadors during a recent visit to the school by EQI and some international visitors.

Earlier this month, Yu Fei and three other Legal Studies students delivered a speech about the need for a Bill of Rights at the Queensland Schools Constitutional Convention at the Parliamentary Annexe. The speeches must be succinct, as there is a strict two minute limit. Yu Fei was one of the five speakers chosen to represent Brisbane in Canberra in early March. Congratulations!!

Annex.

Welcome also to our new students in the mainstream: Jing, Ruixin and Linc who are all in Year 11 and Sayaka who is in Year 10. Sayaka is the proud recipient of a scholarship from the Tokyo Board of Education.

**Cultural Connections**
Valentine’s Day in other places.

In China, the equivalent of Valentine’s Day is the “Qixi Festival”, meaning “The Night of the Seven”. Celebrated in early August, on the seventh day of the seventh lunar month, the tradition recalls an
The 2014 QCS preparation program has begun. On Tuesday 25 students were involved in their first training day, with the focus on Short Response Items (SRI). In the afternoon session students sat a past SRI paper. These papers will be sent away to be marked by mighty minds. Each student will be given an individual report outlining their strengths and weaknesses as well as tips to improve.

A strong QCS mean will benefit all students when final OP calculations are completed. For this reason we encourage students to attend all training sessions. Please encourage your child to share with you their QCS work. Practice makes perfect and students will be given multiple opportunities to sit practice papers in coming months. This year the QCS Test dates are Tuesday 2 and Wednesday 3 September.

Jo Wainwright-Smith—Acting Deputy Principal
Email: jwain2@eq.edu.au

South Korea has a similar tradition to Japan, but take things one step further with the creation of Black Day. Celebrated on April 14, all the single people who didn’t receive any chocolate started the tradition of meeting up in restaurants to eat Jajangmyeon Noodles, which are black, and to share in their pity!

Valentine’s Day is celebrated in Taiwan on February 14, but there is also a special Valentine’s Day on July 7 of the lunar calendar, based on an ancient Chinese folklore. Both dates are equally as important. Many men purchase expensive bouquets of roses and other flowers for their sweethearts on these days. According to Taiwan tradition, the colour and number of the roses holds much significance. For example, one red rose means “an only love,” eleven roses means “a favourite,” ninety-nine roses means “forever,” and one hundred and eight roses means “marry me.”

Judy Martin
Teacher/International Student Coordinator
Email: jmart295@eq.edu.au

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Jo Wainwright-Smith—Acting Deputy Principal
Email: jwain2@eq.edu.au

Your P&C will be working hard over the next twelve months to support our school and to engage with the whole school community.

We will need the help of all members of the school community. We need people to be involved in discussion and decision making and making sure that we are aware of needs and concerns that parents, students and staff have in regards to school programs and facilities, and also in dealing with the challenges of living in an adolescent world in our technological age.

We can always use more hands to help in the Tuckshop and Uniform Shop; to sell raffle tickets; and, to help organise and run fundraising and other events. Please join us on our journey and get to know other members of the school community and learn more about what is happening at our school.

The next meeting of the P&C will be held on Tuesday 18 March in the school Library, commencing at 7.00pm.

Tuckshop
The Tuckshop is open to serve students before school and at Morning Tea (Break 1) and Lunch (Break 2). The Tuckshop will not be open at Lunch (Break 2) on Wednesday and Friday.

Uniform Shop
The Uniform Shop is open from 8.00am to 11.00am on Mondays and Thursdays during school term. Where a Public Holiday falls on one of these days, the Uniform Shop will open on an alternative day. Unless otherwise advised, it will be the next school day (Tuesday ILO Monday and Friday ILO Thursday).

Volunteers
Volunteers are always welcome. Please contact Tuckshop Manager Anne Jones or Uniform Shop Manager Tracey Cahill if you would like to help in either of these areas. If you would like to help in any other way, please contact me via the School Office.

I look forward to meeting as many members of the school community as possible over the coming weeks and months.

John Creagh
P&C President
Email: jcrea16@eq.edu.au

Online safety is just a click away with the Cybersafety help button now installed on all school computers throughout the state. The floating icon will be visible on computer desktops and is also available for parents to download to their home computer. It provides students with an easy means of reporting cyberbullying and online concerns. The button is a federal government initiative providing an online hub with 24 hour access to cybersafety help, reporting options, resources and information.

Judy Martin
Teacher/International Student Coordinator
Email: jmart295@eq.edu.au

> Queensland Core Skills Test (QCS)

> Cybersafety Help Button

> P&C News
Year 8 Camp
Four Deadly Choices program officers from the Institute of Urban Indigenous Health facilitated traditional games at the Year 8 camp at the beginning of term. Students enjoyed the games immensely.

My Future, My Plan
Run by Keith Bickle, the My Future, My Plan program at MSHS endeavours to better engage Aboriginal and Torres Strait Islander students and addressing indigenous disadvantages. Year 8, 9 and 10 students were encouraged and challenged and look forward to the continued support as they plan for their future.

Merle Cashman
Aboriginal and Torres Strait Islander Student Support Officer
Email: mcash23@eq.edu.au

Mitchelton State High School Family and Friends Social Walking Group
With Community engagement, health and fitness in mind Mitchellton State High School’s Parent Walking Group sets off on a walk of the surrounding streets from the bottom gate of the High School in Turnbull St departing at 9am Monday Mornings. The walk takes approximately 30 minutes and you are welcome to stay for a coffee afterwards.

CALLING ALL SWIMMERS!
There is a newly formed swim club at Mitchellton State School and the P&C are inviting the Mitchelton Community to join. Registration Fees of $66 per swimmer must be paid before anyone swims. This fee is non refundable and covers insurance with Swimming Queensland. The Mitchie P&C Swim Club, in conjunction with Healthstream Swim School, meets every Friday at Mitchellton State School Pool at 6:15pm. It is a social night where children participate to beat their own personal best. Children must be Prep to Year 12 to swim and adult participation & supervision is required.
Events include noodle races, 25m & 50m strokes plus there is some free swim time. As the club grows we will introduce longer distance races. Entry is free, a sausage sizzle & drinks are available for purchase on the night. The swim club will run until 7 April for the 2013/2014 season.
For more information contact Adele Urry at theurrys@bigpond.com
Queensland Premier Campbell Newman & Broncos players Dale Copley & Lachlan Maranta visit MSHS for a game of touch football and a chance to encourage and challenge our students.
Picabeen Community Centre

Join in the spirit of Picabeen to celebrate the wonderful diversity in our community.

Art Competition and Exhibition

Create a piece of art that represents what diversity means to you. Join together with other local artists to showcase your work on Harmony day. Prizes awarded in age categories, 0-10 yrs, 11-25 yrs and 25+ yrs. Open to all. To register, please see details below.

Date: March 21st, 2014
Time: 5:00-7:00pm
Where: Picabeen Community Association Inc. (22 Hoben St Mitchelton).
RSVP: Monday the 24th of February 2014

Do you cook?
We are looking for people to bring and share a dish from their culture. If you would like to offer to bring a dish, we’d love to hear from you. Please contact us on the information below.

Phone: 3354 2555 or email info@picabeen.org.au or check out our facebook page https://www.facebook.com/picabeen