Habit of Mind

LISTENING WITH
UNDERSTANDING AND EMPATHY

If there is any secret of success, it lies in the ability to get the other person’s point of view and see things from his point of view as well as from your own.

Henry Ford

Important April Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>THUR 03</td>
<td>School Cross Country</td>
<td>9AM—3PM</td>
</tr>
<tr>
<td>FRI 04</td>
<td>Purple Free Dress Day</td>
<td>ALL DAY</td>
</tr>
<tr>
<td>FRI 04</td>
<td>Assembly</td>
<td>9AM—9.15AM</td>
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<tr>
<td>05—21</td>
<td>School Holidays</td>
<td>-</td>
</tr>
<tr>
<td>WED 23</td>
<td>Structured Work Placement Begins</td>
<td>ALL DAY</td>
</tr>
<tr>
<td>WED 23</td>
<td>Careers that Shape the World—Yr 11,12—UQ St Lucia</td>
<td>8.30AM—3PM</td>
</tr>
<tr>
<td>THUR 24</td>
<td>QHTA Ancient History Student Seminar</td>
<td>9AM—12PM</td>
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<tr>
<td>THUR 24</td>
<td>ANZAC Day ceremony</td>
<td>9AM—10AM</td>
</tr>
</tbody>
</table>

Mitchelton State High School

754 Samford Road, Mitchelton Qld 4053
Phone: 3550 1111
Fax: 3550 1100
Absentee Line: 3550 1160
Web: www.mitcheltonshs.eq.edu.au
Email: admin@mitcheltonshs.eq.edu.au
Follow us on twitter @MitcheltonSHS

Dear Parents

Thank you for your support during Term 1. The past 10 weeks have been very busy for students and staff. The support you have provided us, as we work in partnership with your students, has been much appreciated. Assessment was finalised early this week and for the remainder of the week we progress with lessons as usual, commencing Term 2 work and reflecting back on student profiles with classes – all with a view to identifying areas for continued improvement for Term 2.

I am pleased that many parents took up the opportunity to book Parent Teacher Interviews this week. The interviews held today (Wednesday) are an opportunity to meet face to face with teachers and discuss progress to date and plans for the future learning of your student. If you were unable to secure an interview appointment with your teacher’s child today, please contact the school office on 3550 1111 and we can organise an alternative meeting time early next term.

Review of Student Results

I am in the process of reviewing the results from our interim reports. It is pleasing to see that overall, student performance has increased by 6% from this time last year, with almost 85% of all students achieving results that are C or above (See Graph Below). All students will complete Personal Improvement Plans early next term and there will be a particular focus on supporting students who received a “D” result and moving up to the next level.

I would like to wish our students and their families a safe and relaxing Easter holiday vacation. I hope our students take the opportunity to rest, recharge and be ready for Term 2 when school resumes on Tuesday 22nd April.

John Searle
Principal
Email: jsear13@eq.edu.au

I would like to say that if you would like your copy of Mitchie Moments emailed to you, have any feedback on the newsletter, or would like to contribute an article, please contact Kim Grant on 3550 1111 or by emailing admin@mitcheltonshs.eq.edu.au.

> From the Principal

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> From the Principal
Finances

Thank you to all parents/carers who have returned the Textbook Resource Scheme Form and the Laptop Agreement Form and have made payments towards your child’s fees.

If you have not completed the forms, you can find them through this link.

https://mitcheltonshs.eq.edu.au/Supportandresources/Formsanddocuments/Pages/Documents.aspx

Please return your completed forms to the office ASAP.

Statements are being sent out this Friday, 4 April 2014 via email. For those who do not have an email address, these will be posted to you.

If you are wishing to make payments, you can direct deposit into the school account. Details are as follows:

BSB: 064-116
Account No: 00090114
Account Name: Mitchelton SHS

BPAY is also available and details are listed on the bottom of your statement. Please note that when making a payment through BPAY, the funds will be automatically deducted from the oldest outstanding invoice.

If you have any queries regarding your account please contact Carly Boddice (Accounts Receivable) in the school office on 3550 1111. If you are facing financial difficulty, please contact Loretta Mooney, Business Services Manager, to arrange a suitable time to discuss your situation.

Facilities

The new Science Building will be recommissioned at the start of next term. We wish to thank BAS for their commitment and work for getting this building back on track.

Two rooms in D block will be getting refurbished as part of this project and will be offline until mid May.

Loretta Mooney
Business Services Manager
Email: lmoon5@eq.edu.au

Closing the Gap on Indigenous Disadvantage

Aunty Ruth Hegarty, respected local elder, spoke to our students on Closing the Gap Day (March 20). Aunty Ruth visited the school to motivate students to learn more about Australia’s past and to work towards a positive future.

A committed advocate for social justice, Aunty Ruth spoke to the Year 12 English students to provide them with insights into her life. As a member of the Stolen Generations, Aunty Ruth has a remarkably positive take on Australia moving forward. Her visit also provided an opportunity for many of our Indigenous students to join her for lunch. She spoke about closing the gap between the achievements and expectations of Indigenous and white Australians.

Students are reading her autobiography, *Is that you, Ruthie?* to delve deeper into the Indigenous perspective. This book won her the David Unaipon Award in 1998. First published in 1999, her story has been reprinted many times. Her recently released sequel *Bittersweet Journey* recounts Ruth’s amazing life after being a dormitory girl at the Cherbourg Aboriginal Mission.

She left the students with a strong message, “It goes back to freedom: to let people know. This is our history.”

Marilyn Miliner
Year 8 Coordinator & English Teacher
Email: mmiln6@eq.edu.au

Marilyn Milner
Year 8 Coordinator & English Teacher
Email: mmiln6@eq.edu.au
On the 20 March 2014, Year 10 Legal Studies students had the amazing opportunity to go to the Supreme and District Courts of Queensland. The students arrived at the court at 8:30am and went through security, removing mobile phones, keys and any other metal objects into trays for X-ray scanning. We were very privileged to start our court excursion with a talk from Justice Muir from the Court of Appeal and his Associate. All of the students got to ask a lot of different questions about anything to do with the legal system. After the talk we had the chance to sit in the public gallery to listen to a variety of different cases. We saw a civil dispute in the District Court, a criminal matter in the Supreme Court and an appeal in the Court of Appeal.

We also had time for a quick visit to the Sir Harry Gibbs Heritage Centre on the ground floor which was like a museum full of different items from the history of the Queensland courts. All the students who attended had such an awesome and interesting day.

Lachlan Frampton
Year 10 Student

Year 12 Mitchie Catering students have been very busy in the past few weeks. Their major project for Term 1 was to work as part of a team to plan, prepare and deliver freshly made gourmet sandwiches to staff. Students were required to plan the menu, take orders, calculate quantities and compile shopping lists. The task also involved practical assessment, seeking customer feedback and completion of a written evaluation of the venture. Customer feedback was very positive with comments such as - “Students did a great job taking orders and delivering the sandwiches.” “Great presentation of food. Students were very polite.” “Lovely fresh sandwiches as good as you can buy in any café. Well done!”

Congratulations to the students for their hard work and professional service. I was very proud of the entire class!

Karen Fenoglio
Hospitality/Home Economics Teacher
Email: kfen01@eq.edu.au

Fifteen students from Year 12 BCT, Accounting and Legal Studies were selected to represent the school at Ecoman. Over three days they worked in teams of five with the support of staff from Minter Ellison Lawyers and BDO to develop plans for a new coffee business. Working in a real world environment, they were challenged and encouraged to question their future career paths and aspirations.

On the final day of the experience, the students had a celebration lunch and then the presentation of their projects to the facilitators from the mentoring firms and Mr Searle who was invited to view the culmination activity of our students.

The students who attended Ecoman were: Faith A, Codie A, Sho A, Jess B, Tait C, Nicole C, Amber D, Dylan J, Tianci L, Yu Fei L, Jack NM, Sam M, Jack O, Jacob R and Holleigh S.

Karen Smith
Humanities/Business/Design & Tech/Home Economics
Email: ksmi82@eq.edu.au
Attending to the 19th National Schools Constitutional Convention was a wonderful experience. It was my honour to be one of the delegates to represent Queensland at the Convention and I have benefited greatly from this program in terms of the knowledge of Australian Federalism. The most memorable aspect for me was to be acquainted with delegates from all around Australia as well as the friendships that we created.

On day one, we went to Parliament House and the National Archives. Parliament House is a symbol of Australian democracy and it is both architecturally and ecologically innovative. There are paintings of politicians around the walls of the second floor of Parliament House and they reflect the political history of the nation. We then simulated the legislative process of a bill's third reading in the Main Committee Room and we all had great fun. The National Archives is absolutely amazing. It took me back decades to explore the history of Australia. The chance to see the initial document of the constitution was precious and although it was fading, we could still see the signature of Elizabeth I. It is a significant document/set of rules by which a country or state is run.

On day two and three, we visited the Old Parliament House and the High Court of Australia. A simulated referendum was held in the Old Parliament House and it clarified how the system works. My most favourite part of the Old Parliament House is the exhibition of cartoons from Australian newspapers. The majority of the cartoons were ironic and hilarious and look at politics from different angles. The highlight of whole trip was dinner at the High Court. The High Court of Australia is the Supreme Court in the Australian court hierarchy. The building is an outstanding example of late modern Brutalist architecture and it is both monumental and functional. It was my honour to have dinner at such a magnificent building with all delegates.

Overall, attending to the National Schools Constitutional Convention was the highlight of my high school life. I have not only learnt more about Australian Federalism but also gained the friendship of delegates from all around Australia. I am grateful for the opportunity to attend the Convention and I believe that there will be more students to benefit from this program in the future.

Lo Yu Fei Mitchellon State High School Queensland

Education is fun! Really.

Anyone who thinks that teenagers spend too much time with technology should think about providing more opportunities for fun with simple props like newspapers and sticky tape.

At our Year 8 Assembly on 28 March, students used their imaginations and some flexible thinking to create some truly incredible 'outfits'. After a quick discussion about the various historical and cultural elements of the Easter tradition, ranging from the Christian meaning through to the pagan worship of Spring in the Northern hemisphere, students tore into the activity (literally!).

Their instructions were to create a 'look' using only the newspapers, sticky tape and their ingenuity. The Year 11 Mentors who assisted also chose to deck themselves out. The appeal of working together as a team to complete their 'outfit' within the fifteen minutes provided proved to be irresistible. In teams of between 5 and 6, students shredded, scrunched and taped, turning one of the team into a work of art (or at least a product of their vivid imaginations).

Our Dimensions of Learning pedagogical framework tells us that Thinking Flexibly is a valuable life skill. This Habit of Mind was promoted this semester. The winning group were rewarded with RAP Awards. These Reward A Positive awards are part of our School Wide Positive Behaviour Strategy to motivate students to have a go. They also reflect the school’s values of Participation, Accountability and Respect.

To find out more go to http://www.artcostacentre.com/html/habits.htm
Below is an extract from this website.

What is ‘Habits of Mind?’

Habits of Mind is knowing how to behave intelligently when you DON’T know the answer. It means having a disposition toward behaving intelligently when confronted with problems, the answers to which are not immediately known: dichotomies, dilemmas, enigmas and uncertainties.

Our focus is on performance under challenging conditions that demand strategic reasoning, insightfulness, perseverance, creativity, and craftsmanship. The critical attribute of intelligent
The 16 Habits of Mind identified by Costa and Kallick include:

- Persisting
- Thinking and communicating with clarity and precision
- Managing impulsivity
- Gathering data through all senses
- Listening with understanding and empathy
- Creating, imagining, innovating
- Thinking flexibly
- Responding with wonderment and awe
- Thinking about thinking (metacognition)
- Taking responsible risks
- Striving for accuracy
- Finding humour
- Questioning and posing problems
- Thinking interdependently
- Applying past knowledge to new situations
- Remaining open to continuous learning

Marilyn Milner
Year 8 Coordinator & English Teacher
Email: mmiln6@eq.edu.au

Anzac Day March
All students (please attend in full formal uniform), staff and parents of Mitchelton State High School are invited to come and join us and the Gaythorne RSL veterans to march in honour of ANZAC Day. Gathering at 6.15am on Friday 25 April in the Sid Loder Park behind the Gaythorne RSL. Come along and join us, be proud and march behind our school Leaderbody students and the Mitchelton State High School banner. The March will be followed by an Anzac Day Ceremony where our school community will lay a wreath to honour our country’s soldiers both past and present.

Belinda Wicks
Defence Transition Mentor
Email: bwick22@eq.edu.au

Year 11 Camp
The big event that is not only the highlight of 2014 for all Year 11 students but the highlight of school! This is not to be missed!

When: Term 3, Week 4 (Aug 4 – Aug 8)
Four nights, five days

Where: Maroon Outdoor Education Centre (MOEC)
Check out the website!
www.maroonoec.eq.edu.au/

Cost:
Approximately $210 for 4 nights
All food and activities covered

Challenge yourself!
More information to come!
Deposits will be called for shortly.
Payment plans can be arranged through the BSM Ms Mooney on 3550 1111.

Mrs Hamilton
Maths Coordinator
Email: vhami4@eq.edu.au
The next meeting of the P&C will be held on **Tuesday 29 April** in the school library, commencing at 7.00pm, delayed two weeks due to the Easter break. Our new School Chaplain, Justin Pfeffer will be guest speaker. Please come along and meet Justin and learn more about the role of the School Chaplain.

The School Open Day will be held the following day on 30 April. The P&C will have some involvement on the day. Please contact me if you would like to help out in any way.

**Date Claimer: Barefoot Bowls**
We are planning to hold a Barefoot Bowls day at Gaythorne Bowls Club in May. The proposed date is **Sunday 18 May**, commencing at **10.00am** and with a barbecue lunch included. The cost will be $25 per adult (bowls + BBQ); $10 per school student (bowls + sausage sizzle) or $15 (bowls + BBQ); and, $5 per child under 10yo (bowls + sausage sizzle). Drinks will be available at the bar at normal bar prices.

Confirmation of this event and booking details will be advised at the start of Term 2.

**Tuckshop:**
The Tuckshop is open to serve students before school and at Morning Tea (Break 1) and Lunch (Break 2). The Tuckshop will not be open at Lunch (Break 2) on Wednesday and Friday.

**Uniform Shop:**
The Uniform Shop will be open from 8.00am to 11.00am on Tuesday 22 and Thursday 24 April. The normal Monday & Thursday trading days will apply for other weeks, except for Public Holidays.

**Volunteers:**
Volunteers are always welcome. Please contact Tuckshop Manager Anne Jones or Uniform Shop Manager Tracey Cahill if you would like to help in either of these areas. If you would like to help in any other way, please contact me via the School Office.

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The Homework Club is for students who require help in completing homework and assignments or general support in areas of concern and runs on Tuesday afternoon from 3pm to 4pm in the Noonga Room (N Block). We have the support of Mitchelton State High School staff who have volunteered their time.

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**New Cybersafety Website**
The **Meet the Creeps** cybersafety website ([http://creepquiz.eq.edu.au/](http://creepquiz.eq.edu.au/)) helps parents and students become aware of online scams, social media pitfalls and cyberbullying. The joint Telstra and Queensland Government project aims to equip middle school students with the skills to keep safe online.

Crackers the clown and Shifty Shane are just two of the characters you will meet in a new interactive quiz designed to highlight potential online dangers.
Mitchelton State High School

Open Day

Wednesday 30 April 2014
2pm to 6pm
School Assembly Hall
Samford Road, Mitchelton

Come and see for yourself why Mitchelton State High School is the best choice for excellence in education:
- Proven academic records, traditional standards for behaviour and uniform
- School of Excellence in Business, Childcare, Electrical Engineering and Trades
- An exceptional range of subjects, all offered in a supportive environment

Consider Mitchelton for your child’s secondary education, including Year 7 placement in 2015 and beyond with scholarships available.

Program commences at 2pm with:
- An address by the Principal
- A multi-media presentation followed by
- School tours commencing at 2.30pm and running half hourly until 5pm

Visit our website:
mitcheltonshs.eq.edu.au
PH: (07) 3550 1111

Small Enough to Care - Big Enough to Excel
CHANGES THAT MAY AFFECT YOU

Oral Health Services for Children and Adolescents

There are some exciting new initiatives which are improving the way oral health care is being delivered in Metro North Hospital and Health Service. From January 2014 all eligible families and teenagers will receive dental services including prevention and treatment (e.g. fillings and extractions) under the new Child Dental Benefits Schedule.

WE ARE NOW A BULK BILLING SERVICE.
IF YOUR CHILD IS ELIGIBLE UNDER THE CDBS YOU ARE REQUIRED TO SIGN THE BULK BILLING CONSENT FORM BEFORE YOUR CHILD CAN RECEIVE ANY TREATMENT WITH THIS SERVICE.

**Even if they don’t receive the CDBS benefit, ALL children aged from 4 years and enrolled up to Year 10 at school are still eligible for treatment under the Queensland public oral health services with no out-of-pocket expenses in the public oral health clinics.**

Child Dental Benefits Schedule (CDBS)

The Federal Government’s Child Dental Benefits Schedule (CDBS) commenced on 1 January 2014 and provides access to benefits for basic dental services to children aged 2-17 years. The total benefit entitlement is capped at $1,000 per child over a two calendar year period. The CDBS has a means test, which requires receipt of Family Tax Benefit Part A (FTB-A) or a relevant Australian Government payment.

The CDBS provides individual benefits for a range of services including examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits are not available for some complex services such as orthodontic treatment or cosmetic dental work, and cannot be paid for any services provided in a hospital.

**Metro North Oral Health Services still provides a broad range of services not covered by CDBS at no cost if your child is eligible under Queensland public oral health services.**

Your child will receive treatment from experienced paediatric oral health staff including dentists, dental therapists, oral health therapists and dental assistants.

NO OUT OF POCKET EXPENSES (FREE TREATMENT FOR ALL SERVICES PROVIDED)

- You will be asked to complete the Bulk Billing Consent form to assign the benefits up to the cap to Queensland Health. You will pay no out-of-pocket expenses for any services – fees set by the federal government will come off your balance. As long as your child is eligible for services in a Queensland public dental health clinic you will not have to pay anything even once the benefit cap has been reached.
- At the end of each appointment, you will be required to sign the Medicare bulk billing form similar to the process you follow at GP doctors who bulk bill.
- It is a requirement that a parent/legal guardian or responsible adult attend all dental appointments with their child/ren to complete and sign the necessary forms. This will also provide an opportunity for parents and guardians to discuss any concerns about your child’s oral health.

YOU WILL NEED TO BRING YOUR MEDICARE CARD TO DENTAL APPOINTMENTS.

Please contact facility staff on the number listed above if you have any queries.
"WALK FOR AN AUSSIE KID" ®

SUNDAY 6TH APRIL
8am
TERALBA PARK
OSBORNE RD, EVERTON PARK

Contact Barry Farquharson – 0429 335 123
barwen67@bigpond.com

Registration from 8am, Walk commences 8.30am
FREE SAUSAGE SIZZLE & SOFT DRINK FOR WALKERS
PRIZES FOR TOP 3 FUNDRAISERS + LUCKY DRAW

"WALK FOR AN AUSSIE KID" ® is a registered project of
Australian Lions Children’s Mobility Foundation
“Walk with Pride”
Australia, Papua New Guinea, Norfolk Island

FACTS & FIGURES

The Hart Walker
Looks deceptively simple but in fact has more than 1,000 working parts. Costs $11,980 to supply the Walker and shoes, and to cover ongoing maintenance, replacement parts and therapy. ($6,980 initial cost and $1,000 per year for a further five years.)

At the end of November 2013
1780 Australian children have been fitted with walkers. There are more being added every week around the country, as children are assessed. Every state in Australia now has trained staff to assess and fit Hart Walkers for the local children.

Lions and the Australian Lions Children’s Mobility Foundation have assisted with funding for walking devices for over 1780 children, 560 of these being Hart Walkers.

Total Funds Raised
Total funds of $9.9 million (November 2013) have been provided through ALCMF to help Aussie kids to walk, in addition to the $350,000 seed funding which was raised from the Lions Hart Walker Appeal.

This figure does not include additional funds which have been donated by individual Lions Clubs direct to the Spastic Centre & other state cerebral palsy organisations for local services and children’s walkers prior to and since the existence of the Foundation.

WE NEED YOU TO WALK SO THAT OTHERS CAN